

# **Social Media & Your Children**

## **St. Rita Church and School**

### **2013**

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#### **Terminology, History & a Few Stats**

- People spend 18% of time on Social Media sites
- 7 Hours a Week on FB
- 29% of people watch TV & FB
- FB started all of this Social Media craziness in February 2004
- FB, Instagram, Twitter all have age limits – most of them – it is 13 years of age.
- 1 Million websites have integrated with Facebook
- 23% of users check Facebook 5 times or more daily
- 56% of customer tweets are being ignored
- 34% of marketers have generated leads on Twitter
- Google's +1 button is used 5 million times a day
- Over 5 million are uploaded to Instagram every hour
- 80% of Pinterest users are female

#### **Facebook (Old People Social Network ☺)**

- Personal Profile Pages
- Fan Pages - Likes
- Groups

#### **Twitter (Teens, College Students, Young Adults, Famous People, People in the Know)**

- Happening Now
- Used at conferences
- # - Hash tags

#### **Instagram (Where Your Children Are!)**

- Sharing of Pics
- Popular

#### **Snapchat (Send quick pics, info that can**

- Only be seen by recipient for 1-10 seconds.
- You CAN NOT screen shot a pic

#### **Vine (6 second videos)**

- Vine's age to use is 17 years or older

#### **YouTube – all the kids are using this.**

iMessage – (iPads, iPhones, etc) – instant messaging

FACETIME – they love this!

#### **LET's Talk About Their Phones, iPads, Tablets, etc.**

- Do you know their password? Did you set up their phone with Parental Restrictions? You can!
- Do you monitor their apps?
- Do you ever check their text messages?
- Do you know what they are looking up on YouTube and other sites?
- Set up Parental Restrictions on all of the devices before you give them to your child. You can limit explicit songs, music, and you can set restriction passwords so that you can actually check to see their app history, etc.

#### **What about you and your Phones?**

- Are you modeling the way?
- Are you always texting while you are with your family?
- Do you get on your phone during dinner?
- Are you using phones, tablets, etc. as a way to keep your children occupied when you are out to dinner or someplace where you could be engaging with them?

#### **Blogs – Informative usually**

#### **Websites – For Information gathering**

### ***Buzz TECH Terms The Students Are Using***

- Selfie (picture of yourself meant to post online)
- Sexting
- Cyber Bullying
- LOL, LMAO, ROFL, etc. – you get the idea

### **Safety online**

- Predators – how do they gain access into the lives of young people online and then into their “real lives”?
- Social Media is an environment just like your physical environment – what does this mean?
- Your Child should never share his or her passwords with anyone but you!
- May want to have your child’s passwords to their Social Media sites accounts
- Have some people that you know to become friends with your children to help you monitor your children on Facebook
- Set up a fake profile, Twitter account, Instagram account and see if your child friends you. You might think it is sneaky but it is helping to keep them safe.
- Set up parental locks on all means of technology until your child is of legal age – they will thank you one day.
- Check their inbox, history, list of friends

### **Representation of Self, Family, Church, CYO, School, Sports Team**

- Pictures, status updates, etc. – how do they represent you and your affiliations?
- Who can see your info? –Privacy Settings

- Have conversations with your children about what is appropriate to post on Instagram, Twitter, and Facebook, what they text message, etc.
- What happens if your child is applying for a high school, later college, jobs, etc. – will Social Media and other technology impact those endeavors?

### **Helpful Sites**

- [support.twitter.com/articles/470968-safety-tips-for-parents](https://support.twitter.com/articles/470968-safety-tips-for-parents)
- [www.connectsafely.org](http://www.connectsafely.org)
- [www.Prinnefied.com](http://www.Prinnefied.com)

### **NOTES:**

**Put Your Phone down, have conversations on a regular basis with you child or children about social media and make them talk to you! It is the best gift you can give them! You pay a lot of money for their education, be a part of educating them and keeping them safe online.**

**For More Information Contact  
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